

MEDIA CONTACT: Kristen Fritz and McKinley Albert Public Relations Co-chairs Junior League of Hartford 860.233.4300 publicaffairs@jlhartford.org







From left to right: Three members of the Junior League of Hartford are honored with the prestigious Hartford Business Journal "40 Under Forty" award - Class of 2015, on September 30, 2015 at the Connecticut Convention Center. Pictured from left to right are Megan Carannante, Jennyfer Holmes, and Dr. Melissa Lambright. Photo courtesy of the Hartford Courant.

Junior League of Hartford Members Honored with Hartford Business Journal "40 Under Forty" Award – Class of 2015

HARTFORD, CT (October 1, 2015) – Three members of the <u>Junior League of Hartford</u> have been named to the prestigious Hartford Business Journal's, "40 Under Forty" Class of 2015. Melissa Lambright, Jennyfer Holmes and Megan Carannante join 37 other young professionals in the Greater Hartford area who are excelling in their fields through their leadership roles and are committed to personal growth through community involvement.

Dr. Melissa Lambright, of West Hartford, is the Founder of SIGHT Eye Health. SIGHT is a multi-specialty eye care center focused on ocular disease, specialty contact lenses, pediatrics, visual rehabilitation, vision and learning. Melissa is a West Hartford native and a graduate of the University of Michigan and the Illinois College of Optometry. In addition to her work with the Junior League of Hartford, she is a diplomat of the American Board of Optometry and has held positions on the board of the Connecticut Optometric Association.

Jennyfer Holmes, of New Britain, is a Scholarship and Donor Services Officer at the Hartford Foundation for Public Giving. She is responsible for supporting over 600 Greater Hartford students through scholarships, and works with scholars, parents, counselors and donors to help students who want to attend college. A native of New Britain, Jennyfer attended school at Spelman College in Atlanta, Georgia. In addition to her work with the Hartford Foundation, Jennyfer is a member of the Farmington Valley Chapter of the Links Inc. and is a Diamond Life member of Delta Sigma Theta sorority.

Megan Carannante, of West Hartford, is an attorney with Pullman & Comley LLC, and is a native of West Hartford. Megan's practice includes counseling on and litigating business, construction and employment disputes. Megan is actively engaged in the greater Hartford community through the Junior League of Hartford among other area non-profits. Megan enjoys mentoring in her spare time, and she serves on the state Board of Directors for the March of Dimes Foundation. Megan is a graduate of Emory University and Boston College Law School.

"I am extremely proud of our members many accomplishments and am thrilled that three of our outstanding members were chosen for the Hartford Business Journal's '40 Under 40' award," says Junior League of Hartford President Julie Krug. "We are an incredible organization of women and Megan, Jennyfer, and Melissa all exemplify the true spirit of voluntarism through their commitment to the League and to bettering our community."

The 2015 winners were recognized in a special issue of the Hartford Business Journal on July 20, 2015. In addition, they were also honored at the "40 Under Forty" banquet at the Connecticut Convention Center on September 30, 2015.

About the Junior League of Hartford

Celebrating 95 years of service, the Junior League of Hartford, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. Since 1921, The Junior League of Hartford has been committed to making a difference in the greater Hartford community by assessing and identifying community needs, and then developing either direct programs or collaborations with other organizations and agencies to help meet those needs. The current community impact focus of JLH is *Empowering Women and Girls to Overcome Obstacles*. For more information on the Junior League of Hartford, its projects, and membership visit www.ilhartford.org.

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